



Health and Safety Policy

Nma's Playground Nursery will ensure the health, safety and welfare of all staff, children, visitors and other individuals who attend, work at or visit the premises.

Nma's Playground Nursery will at all times comply with The Health and Safety at Work Act 1974 and the Workplace (Health, Safety and Welfare) Regulations 1992 and their associated Approved Code of Practice (ACOP) and guidance will be complied with at all times.

The following steps will be followed:

- Create an environment that is safe and without risk to health.
- Prevent accidents and cases of work-related ill health.
- Use, maintain and store equipment safely.
- Ensure that all staff are competent in the work in which they are engaged.

The manager shall be responsible for the day-to-day implementation, management and monitoring of the health and safety policy.

A Health and Safety Officer will be made jointly responsible with the manager for the health and safety and risk assessment, as set out in this and other policies.

A Health and Safety Poster shall be displayed in the nursery and staff must be made fully aware of their health and safety responsibilities.

Risk Assessment

Nma's Playground Nursery shall conduct a risk assessment and review it regularly, at least once a year or more frequently where the need arises. The risk assessment is to identify high, medium, and low risks to adults and children.

The risk assessment will identify aspects of the environment that need to be checked on a regular basis. Nma's Playground Nursery shall maintain a record of these particular aspects and when and by whom they have been checked. We will determine the regularity of these checks according to their assessment of the significance of individual risks.

All reasonable steps are taken to ensure that hazards to children both indoors and outdoors are kept to a minimum.

The risk assessment should cover anything with which a child may come into contact.

Role of Health and Safety Officer

The Health and Safety Officer, and/or the manager are responsible for:

- Carrying out regular safety checks and accurately logging reports
- Taking any action required as a result of a health and safety inspection is taken as rapidly as possible
- Distributing information received on health and safety matters to all members of staff (including volunteers/students)
- Adequately training staff to fulfil their role within the Health and Safety policy
- Ensuring that there are adequate First Aid arrangements including a qualified first aider/s

Role of Staff

All Staff and any volunteers are responsible for ensuring that the provisions of the Health and Safety policy are adhered to at all times. As such, they are required to:

- Have regard for any health and safety guidance issued by the manager or the designated member of staff, and act upon it whenever appropriate
- Take reasonable care for their own health and safety as well as that of other persons who may be affected by their acts or omissions at work
- Take all reasonable care to see that the equipment and premises that are used by children, and the activities that are carried out on the premises, are safe
- Report any accidents, incidents or dangerous occurrences that have led to, or may in the future be likely to lead to, injury or damage, and assist in the investigation of any such events
- Undergo relevant health and safety training when instructed to do so by the manager
- Inform parent/carers of safety issues For example, through discussion, leaflets, brochures, newsletters, notice boards etc
- Increase children's awareness of safety issues. For example, through discussion,

planned activities, routines etc

Both the manager and Health and Safety Officer are responsible for assessing risks to health and safety arising out of Nma's Playground Nursery activities and introducing suitable steps to eliminate or control any such risk identified.

The manager and health and safety officer are responsible for ensuring that staff both understand and accept their responsibilities in relation to health and safety procedures.

The manager will ensure that adequate arrangements exist for the following:

- Monitoring of the effectiveness of the health and safety policy and authorising any necessary revisions to its provisions
- Provision of adequate resources, including financial, as is necessary to meet the nursery's health and safety responsibilities
- Provision of adequate health and safety training for all staff. Ensuring that all accidents, incidents and dangerous occurrences are adequately reported and recorded (including informing the Health and Safety Executive, and Ofsted, where appropriate)
- Investigate any reported accidents, incidents and dangerous occurrences
- Review all reported accidents, incidents and dangerous occurrences, and the manager's response, to enable corrective measures to be implemented

Insurance

Nma's Playground Nursery have insurance cover appropriate to the duties under Employer's Liability Insurance.

Liability

Nma's Playground Nursery has a duty to ensure that both children and any visitors are kept reasonably safe.

Standard Health and Safety Guidance

Nma's Playground Nursery shall comply with the following requirements as a minimum:

- The rooms used in the nursery should be free of stacked chairs and tables (or

anything on shelves) which can be pulled over by young children

- Ensure that any trailing flex is made safe
- Where the room radiators and hot pipes are protected with a guard or strategically placed furniture
- Check for everyday hazards on the floor. Young children will put small items in their mouths, e.g. drawing pins, used staples, safety pins, pen lids etc
- Ensure that windows at the children's height have safety locks. Otherwise ensure that children do not have access to them
- Ensure that the room is well ventilated, warm, draught free and cleaned each evening
- If a room has a door without a window panel, it is important to have a note on the outside of the door advising people to "open the door carefully, as children may be behind it"
- Where a door is a glass panel it should be protected with either shatterproof glass or protective covering
- Hot water taps must be made inaccessible to children. If necessary, use a bowl of water and paper towels at the child's height
- Where only adult toilets are provided then a non-slip child step will be required with adult supervision
- Toilet area are frequently checked for cleanliness and separate cloths provided to clean seats, handles etc
- Cleaning equipment must be kept out of the reach of children
- Bins must be emptied daily and have a secure lid on them
- Have separate washing up bowls for hands, dishes etc must be provided
- Disposable gloves, aprons and baby wipes are provided
- Potties are washed after each use and sprayed with an antiseptic spray, or use a portable potty where the bag can be thrown away after each use. This needs to be disposed of in the nappy bin.
- The parent/carers should provide spare clothes when accidents occur
- All spillages are cleaned up immediately

- Hot drinks are not be taken into areas where children are based
- All fire doors and exits remain free of toys and clutter
- All gas and electric appliances and fittings conform to safety requirements

Sleeping Children

Nma's Playground Nursery will ensure that sleeping children are safe and keep a record of checks for sleeping babies. Nma's Playground Nursery finds it appropriate for the Fire Safety Officer to inspect the sleeping area regularly.

Staff will supervise sleeping children at all times and adhere to Health and Safety Regulations.

Supervision

Children are not left unsupervised at any time during activity sessions. In the event of staff shortages, available space will be restricted to ensure that children are adequately supervised. The manager will allocate responsibility to individual members of staff for observing and supervising the main entrance and exit points at the beginning and end of the session.

Additional health and safety for babies

Nma's Playground Nursery ensures that:

Any soiled nappies are immediately placed in a bag and disposed of in a separate lidded bin. Gloves are always worn when dealing with bodily fluids

- Changing mats need to be as close as possible to hand-washing facilities. Have a paper roll available to cover the mat for each change or use a sterilising spray. Torn mats must be promptly thrown away
- There is a space for babies to play away from mobile children
- Baby chairs have safety harnesses provided
- Toys and equipment are checked for safety daily
- Sleeping babies are constantly supervised
- Children are placed on their back to sleep unless directed otherwise by the parent/carer

- No pillows or duvets are used for children under 1 year
- Feeds provided by the parent/carer are kept in correct storage conditions
- Bottles are clearly labelled with the child's name. The amount taken by the baby is noted for the parent/carer, together with toileting routine that day

Infection Control

In order to avoid spreading infectious diseases, the following must be observed:

- Excluding children with infectious illnesses and infections for the recommended period of time (please see the NHS Exclusion Guidelines for further information on this, a guide of the more common illnesses and exclusion periods are shown below).
- Excluding all members of staff with infectious illnesses and infections for the recommended period of time (please see the NHS Exclusion Guidelines for further information on this).
- Identifying signs of illness in children and staff whilst they are in the setting
- Informing parents and carers of sick children that their children are ill and arranging for them to be collected at the earliest opportunity.
- Limiting the contact of sick children with other children until they can be collected from the setting, taking into account the sensitivity of the situation and that the child does not feel bad as a result of any action.
- Preventing the spread of infection by adhering to the setting's health and safety policy, personal hygiene policy and food safety policy and procedures.
- Reporting incidences of certain infections to other parents and members of staff whilst maintaining the anonymity of all children and members of staff involved.

Parents must phone the setting as soon as their child is diagnosed with an infectious complaint.

The child needs to be away from the setting after the start of the illness, for a period as

follows:

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| Chicken pox | 5 days (from rash or spots have healed / doctors' advice) |
| Measles | 2 weeks |
| Mumps | 2 weeks |
| German Measles | 1 week |
| Whooping Cough | 3 weeks |
| Sickness / Diarrhoea | 48 hours after both have ceased |
| Ringworm | Until treatment has commenced |

HEAD LICE - PLEASE DO NOT BRING YOUR CHILD TO THE SETTING UNTIL YOU HAVE TREATED THEM, THE CHILD CAN RETURN ONCE THEY HAVE BEEN TREATED OR ARE CLEAR OF HEAD LICE.

If a child is poorly whilst in our care the child's parent/carer is contacted to collect the child immediately. If required we will contact a nominated person from the child's record file to collect your child.

Nma's Playground Nursery will inform Ofsted of any occurrences of notable diseases, in this instance a child's return to our care would be arranged in discussion with a doctor and possibly environmental health.